

Feeling the Heat

Understanding how your home is heated will help you **reduce** the amount of energy you use in your home.

- Take time to **understand** how your heating system works and how to get the most out of the controls. Get the system to work with your lifestyle patterns, there is no need to heat an empty home for long periods of time or to heat empty rooms to the same temperature as those you live in.
- Having controls on your radiators (TRV's) enables you to **control the temperature by room**, and can save around £10 a year.
- Warm air in a room cools quickly when it hits cold walls or windows, wall insulation (cavity or solid wall) and draught proofing are great ways to **save money on your heating bills!**
- Bleed your radiators **regularly** to ensure they are working as well as **efficiently** as they can.
- To ensure it is working to its full potential, keep your boiler in **tip top condition** with **regular servicing**.
- **Don't** dry clothes on radiators, this reduces the temperature of the room and means your boiler has to work harder to get your house back up to temperature, **costing you more money** (it also causes issues with condensation).
- Foil radiator panels or sheets of tin foil behind your radiators can **reduce** heat lost through the walls behind them.
- Replacing an older F or G rated boiler with an A rated one can save you around **£300 per year**.
- In the winter months, **close your curtains** before it gets dark and the temperature drops.
- Set the room thermostat between **18°C** (for the more active of you) and **21°C** (for the more sedentary of you).



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