

Priority Outcome Fund Awards 2022-2023

Organisation	Amount Sought	Amount Awarded	Project Explanation	Primary Delivery Wards	Funding Priorities
The Carroll Centre	£9,000	£4,590	<p>The Carroll Centre has provided service for children, young people, families and the wider community since 1992. Over the three decades the center has evolve and develop and expand the demographic it caters for, its reach and its work with service users and partners across the Winchester district. The Carroll Centre's profile has evolved and developed into a Community Anchor Organization, we are actively engaged in community development work and provide a meeting place and hub for a range of services, activities and local organizations. Our current geographic reach for in-house service delivery extends across the Winchester district and includes services users from rural villages and suburbs. We work in partnership with local, district, county and national service providers to deliver a range of community based needs led services for all age groups and all abilities.</p>	Badger Farm & Olivers Battery, Colden Common & Twyford, St Luke, St Michael, St Paul Ward, The Worthy	Isolation, Low income, Homelessness, Mental health, Physical inactivity
WINCHESTER STREET REACH	£10,000	£7,300	<p>Our primary objective is to empower disadvantaged and vulnerable young people aged 11-19 (up to 25 with additional needs) to recognise and achieve their full potential. Our core work is detached youth work in Weeke, Harestock, Winnall and Stanmore. We work with young people who out in the local community in areas such as shop fronts, parks and housing estates. Our youth workers meet the young people in their own territory, building trusting relationships over time in order to offer targeted support and guidance where it is most needed. Street Reach work with young people to ensure they are included within their community, especially those young people out of education or NEET, or who may be vulnerable to exploitation. Our team can act as a trusted adult to ensure that these individuals are kept safe. We deliver a range of activities and interventions to young people using creative approaches. Our work helps to redress socioeconomic disadvantage as well as reducing isolation amongst young people. We raise awareness and provide support around mental health, and our projects help raise self-esteem, build social skills, improve community relations and support physical health. We also help young people with employment and training opportunities. We also deliver a range of popular centre-based projects including a weekly drop-in Football project, a targeted workshops series, an in-school project for young people experiencing isolation, and a much-needed rural youth club in Micheldever.</p>	St Barnabas, St Bartholomew, St Luke	Isolation, Low income, Mental health, Physical inactivity

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Winchester Go LD	£8,500	£6,630	<p>Our office is based in The Arc. Our members (service users) are adults with learning disabilities living in Winchester and District. They range in age from 18-80 years old. We have 101 active members - those who've engaged with us in the last year. In addition, we have 52 inactive members - individuals who do not need our ongoing support, but will contact us in times of difficulty (eg if support needs are unmet; moving house, bereavement, redundancy). Since March 2020 we welcomed 23 new members (a 26% increase to our active membership). Prior to the pandemic, Winchester Go LD supported 27% of our active members in employed or voluntary work. This compares favourable to the national average of 6% of adults with a known learning disability who are in paid work. One to one support is offered via our community advocacy service and additional pastoral care. Through circle meetings we liaise with adult social care support, family, education and LD Health Team. We provide tenancy support. There is a huge variation in the needs of our members; our support is tailored to members. Group activities include regular face to face self-development and social groups. Workshops are organised throughout the year including: cookery, mental health courses, job club and relationship sessions.</p> <p>Our popular Walk and Talk program is volunteer led; offering 10 walk and talks a week, each lasting an hour. 460 walk and talks were delivered in 2021. An opportunity to talk through concerns while providing outdoor physical exercise.</p>	Alresford & Itchen Valley, Badger Farm & Olivers Battery, Bishops Waltham, Central Meon Valley, Colden Common & Twyford, Denmead, Southwick & Wickham, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Upper Meon Valley, Whiteley &	Isolation, Low income, Mental health, Physical inactivity, Digital application, services & products, Creative & innovation, Business growth
Winchester & District Young Carers	£10,000	£6,700	<p>We support Young Carers aged 8-17 years who live in the Winchester District. Young carers are children and young people who care for a parent or sibling with a long-term illness or disability.</p> <p>The Hampshire Children's Trust Threshold Chart that shows young carers are vulnerable, complex and have acute needs, noting that this disadvantaged group of children and young people need barriers removed so they can access, participate and achieve.</p> <p>The tasks undertaken by children and young people vary according to the nature of the illness or disability, as well as the level and frequency of need for care and the structure of the family unit.</p>	Alresford & Itchen Valley, Badger Farm & Olivers Battery, Colden Common & Twyford, St Barnabas, St Bartholomew, St Luke, St Michael, St	Isolation, Mental health, Physical inactivity
Home Start Hampshire	£10,000	£7,300	<p>We support families in the Winchester South Districts as shown below.</p> <p>Through a core team of paid staff and an extensive team of volunteers we provide one-to-one support to families with young children who face overwhelming challenges and are struggling to cope living. Families are referred to us most commonly by health or social care professionals (or can self-refer). Our delivery service in Wickham is based around our Family Co-ordinator and 28 volunteers. We provide practical and emotional support for families through one to one visits to family homes by a trained family support volunteer. The Meon Valley is a vast area of little villages and social isolation is a key issue. Our volunteers provide vital support to families during difficult times to ensure that parents are supported and that every child has the best start in life. Our dedicated team of volunteers visit homes on a weekly basis and provide other support such as phone / digital. Our family co-ordinator supervises our volunteers, is responsible for safeguarding work, links to referral agencies and training. She also provides vital family support.</p>	Central Meon Valley, Denmead, Southwick & Wickham, Upper Meon Valley, Whiteley & Shedfield	Isolation, Low income, Homelessness, Mental health, Physical inactivity, Digital application, services & products, Sustainability, environmental quality, green

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Winchester Youth Counselling	£9,000	£7,920	<p>We provide counselling and other therapies to young people aged between 11-25. All of our clients are struggling with their mental health in various ways and for a range of reasons. The most common themes amongst clients are issues related to anxiety, depression, self harm, bullying, domestic violence, gender and sexuality, sexual assault, and other traumas. Our service is free, and we endeavour to provide an open ended service as opposed to a predetermined number of sessions, in order to ensure a meaningful life change for the young person.</p> <p>We provide 1:1 counselling, Nature therapy, walk and talk therapy, Destress relax and chill (this is for anxiety), group therapy and parent consultations. All of our counsellors and therapists are registered with the BACP (British Association of Counsellors and Psychotherapists) or the UKCP (UK Council for Psychotherapy).</p> <p>Any young person aged 11-25 and living in the district of Winchester can access our service. Young people can self refer, or be referred by parents or a professional such as a social worker or a GP. We also provide counselling from three Winchester district Schools (Kings, Swanmore and Perins) to allow flexibility in appointments and see young people in school were possible. We also have our counselling rooms at 68 St Georges Street Winchester, and deliver Nature Therapy and walk and talk at Barton Meadows and Winnall Moors.</p>	<p>Alresford & Itchen Valley, Badger Farm & Olivers Battery, Bishops Waltham, Central Meon Valley, Colden Common & Twyford, Denmead, Southwick & Wickham, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Upper</p>	<p>Mental health, Physical inactivity</p>
Winchester Radio	£5,000	£2,800	<p>We provide a hospital and community radio service, primarily aimed at those aged 50+, in Winchester and the surrounding area on FM and, from later in 2022, a much greater part of the Winchester District on DAB digital radio. Our FM service covers the unparished city centre and the surrounding parishes of Badger Farm, Chilcomb, Compton & Shawford, Headbourne Worthy, Itchen Valley, Kings Worthy, Littleton & Harestock, Oliver's Battery, South Wonston & Twyford. When the Winchester Small-Scale DAB network launches, we expect to also cover Beauworth, Bighton, Bishop's Sutton, Colden Common, Crawley, Hursley, Itchen Stoke & Ovington, Micheldever, New Alresford, Northington, Old Alresford, Otterbourne, Owslebury, Sparsholt, Tichborne, Upham and Wonston. We will build on the knowledge built-up over 38 years of providing a hospital radio service (primarily to an over-50s audience), and the last 3 years providing a community radio service, to further enhance our service of "truly local radio, for Winchester, from Winchester, by Winchester". Our carefully-selected music output is designed to appeal to our target audience. We have local news, interviews, out and about community features, and what's on information. We address health, wellbeing and lifestyle issues, and the support that is available, in an engaging way, with subtle messaging to ensure people are not turned off.</p>	<p>Alresford & Itchen Valley, Badger Farm & Olivers Battery, Colden Common & Twyford, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Upper Meon Valley, Wonston & Micheldever</p>	<p>Isolation, Mental health, Physical inactivity, Sustainability, environmental quality, green technologies, Creative & innovation, Business growth</p>

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Winchester Action on Climate Change Ltd	£9,971	£5,783	<p>WinACC contributes to achieving a net zero Winchester District with information and education; practical projects; advice to policy-makers; and helping people to get their voices heard. A small staff team communicates, coordinates, and creates the framework for volunteers to act. We multiply our impact by working in partnership; we support trusted insiders to engage volunteers in positive action individually and as a community. Our service users are, therefore, both direct and at one remove. Most of our activities work at both levels.</p> <p>Our information and education services focus on the climate emergency and how people can create change by their behaviour, by local projects, and by influencing politicians and policies. Key topics are:</p> <ul style="list-style-type: none"> -cutting energy for buildings -cutting energy in transport: walking, cycling, e-vehicles, public transport -growing food and reducing food waste -community renewable energy -nature -neighbourhood climate activities -opportunities to influence eg consultations -national and global climate developments 	Alresford &; Itchen Valley, Badger Farm &; Olivers Battery, Bishops Waltham, Central Meon Valley, Colden Common &; Twyford, Denmead, Southwick &; Wickham, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Upper Meon Valley, Whiteley &;	Isolation, Low income, Homelessness, Mental health, Physical inactivity, Digital application, services &; products, Sustainability, environmental quality, green technologies, Creative &; innovation, Business growth
MHA Communities – Winchester	£10,000	£7,400	<p>MHA Communities - Winchester supports people over the age of 60 (members) across the Winchester District who live independently. This can be in sheltered housing, with family or with support of carers but not in residential or nursing care. We do not exclude anyone for financial reasons and make provision to support those on low or restricted income.</p> <p>We provide a variety of community based services and activities. We run a variety of lunch groups which currently includes four monthly pub lunches, a fortnightly lunch club with entertainment and a fort nightly activity day with buffet lunch. We provide one-to-one services for those who are most isolated including at home volunteer befriending and telephone befriending, assistance with transport to one-off appointments, as well as signposting, advice and advocacy. Members also benefit from regular welfare calls, newsletters, birthday cards and knowing we are there should they need us. Our primary aim is to enable older people to live later life well.</p> <p>Our current group activities are located in Winchester, Colden Common, Kings Worthy and Alresford and our one to one services are available across the district.</p>	Alresford &; Itchen Valley, Badger Farm &; Olivers Battery, Bishops Waltham, Colden Common &; Twyford, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Whiteley &; Shedfield	Isolation, Low income, Mental health, Physical inactivity, Digital application, services &; products, Sustainability, environmental quality, green technologies, Creative &; innovation,
Unit 12 CIC	£7,020	£3,791	<p>Unit 12 believes in creating positive community, built on learning skills, challenging each other, sharing experiences, and accepting one another. We primarily achieve this through facilitating a wide range of arts and exercise activities, as well as providing the Community Food Pantry, running events and workshops, and encouraging social inclusion through our café space and community garden. We are passionate about creating links with support services and ensuring our users are aware of the support available to them in the area. Together with our tenants, we reach a huge range of people from across the Winchester District, from Winnall and the St Bartholomew ward to other city wards and the surrounding towns and villages. An abundance of activities take place at Unit 12 including: young carers' support, parent and baby groups, dance, yoga, a youth employment hub, swapping events, theatre activities for people with learning disabilities and counselling services.</p>	Badger Farm &; Olivers Battery, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys	Isolation, Low income, Physical inactivity, Sustainability, environmental quality, green technologies

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Home-Start Winchester & Districts	£10,000	£8,000	<p>Home-Start Winchester started in 2005, and supports families in the city and within a 12-mile radius. Supported families have at least one child under five and struggle with one or more of the following: isolation, low self-esteem, mental health, serious illness of parent/s and or child/ren, dependence entirely on benefits, victim of domestic abuse, CiN, CP plans in place, Early HelpHub and Health Visitor referrals, as well as single mothers and multiple children under five.</p> <p>We provide the following core services: weekly home-visits of 2-3 hours by trained Volunteers, supervised by paid staff for approximately 50 families a year; weekly Family Groups, which support over 30 families per year allowing parents to play with their children, share problems and solutions with peers and seek advice from Home-Start staff and Volunteers. Parents can attend parenting courses and our goal is to stabilise the family and help them become better able to cope with the challenges and responsibilities of their parenting.</p> <p>In addition, we provide: school-readiness support for children who are likely to struggle with their Reception year, either through home-visiting services, or for those most in need, a structured four-month programme; training parents in parenting, budgeting, Universal Credit, dealing with behavioural and other specific issues; healthy eating and fitness initiatives, helping parents to buy good ingredients, cook meals, make use of outdoor spaces and facilities; taking families to health professionals appointments; limited counselling services for parents who have experienced trauma; events and outings for all families; and the distribution of surplus food.</p>	Alresford & Itchen Valley, Badger Farm & Olivers Battery, Colden Common & Twyford, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Wonston & Micheldever	Isolation, Low income, Homelessness, Mental health, Physical inactivity, Business growth
Footprints Project	£3,000	£1,800	<p>Footprints provides volunteer led mentoring, signposting and support for people in prison returning to Dorset and Hampshire, in the community or at risk of offending. We can receive referrals from any prison and last year worked with 17 prisons. Whilst we work in Winchester prison many of those returning to the Winchester district serve sentences in Dorset prisons including Guys Marsh and Channings wood. We are therefore uniquely set up to provide support for Winchester district residents.</p> <p>Our services are based on an individualised plan covering: housing, education training and employment, finance benefits and debt, mental and physical health, substance misuse and gambling, families and relationships, domestic violence, rape and sexual exploitation. This is co-produced with the person during the last few months of their prison sentence or when they are referred in the community. The person will be matched with a locally trained mentor who will work with them to prioritise their needs and help them draw up a "small-steps" approach to reaching their goals. The support will include a face-to-face or phone meeting once a week with additional phone support between meetings. The meeting may take the form of a motivational/planning and review meeting, accompanying the person to appointments, signposting and referring them to specialist help or practical help such as form filling, bank account set-up etc.</p> <p>We also work with High Risk of Harm offenders residents at The Grange in Waterlooville where we offer metal health drop-ins, healthy eating classes and NVQ Level 2 Food Hygiene training. 20% of our service users are female and we support service users from the of 21 upwards.</p>	Alresford & Itchen Valley, Badger Farm & Olivers Battery, Bishops Waltham, Central Meon Valley, Colden Common & Twyford, Denmead, Southwick & Wickham, St Barnabas, St Bartholomew, St Luke, St Michael, St Paul Ward, The Worthys, Upper Meon Valley, Whiteley &	Isolation, Low income, Homelessness, Mental health, Physical inactivity
Total	£101,491	£70,014			