

Priority Outcomes Fund 2021 – 2022

Organisation	Amount Sought	Amount Awarded	Project Explanation	Ward	Priorities
<p align="center">Blue Apple Theatre</p>	<p align="center">£3,750</p>	<p align="center">£3,750</p>	<p>Founded in 2005, Blue Apple is an ambitious theatrical company that supports people with learning disabilities to develop personal and artistic skills that enhance their lives and work towards greater integration into mainstream society and culture. By focussing on achieving a number of positive outcomes for each individual, our participants are supported to improve the quality of their lives, their relationships with other people, and their confidence to participate more fully in their communities.</p> <p>Blue Apple is committed to the development of integrated and meaningful opportunities within the arts for people with learning disabilities to raise the ceiling of expectation and advocate for the development of a more inclusive and equal society – including presenting theatre, dance and film to the widest possible audiences.</p> <p>The increase in confidence gained through stage performances has helped Blue Apple members to enhance their social, personal and artistic skills and achieve public recognition for their talents. The company received considerable attention following a Channel 4 News feature about its performances at Shakespeare Globe in 2016, as well as being the subject of the acclaimed televised documentary ‘Growing Up Downs’.</p> <p>By identifying the effect its work has on the social and personal development of its members the charity aims to bring about widespread change in attitude towards the capabilities of people with learning disabilities and their ability to contribute to society. Blue Apple believes that its work enables and empowers its participants by challenging perceptions and changing expectations.</p>	<p align="center">St Michael</p>	<p align="center">Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>

WINCHESTER STREET REACH	£4,000	£4,000	<p>The primary objective of Winchester Street Reach is to empower young people aged 11-18 (up to 25 with additional needs) to recognise and achieve their full potential. Established in 1983, the charity is open to all young people and is particularly targeted towards young people 'in need' or experiencing disadvantage. We work to ensure that these young people have access to information, advice and opportunities and we seek to improve the lives and raise aspirations of the individual and the wider community.</p> <p>We are committed to providing a high quality, weekly detached youth work service across Winchester in our target neighbourhoods of Weeke, Harestock, Winnall and Stanmore. We are well-established in these communities and we work with 'in-need' and often disengaged young people to help them keep safe, make positive choices, and play an active role in their local community. Within this, we offer drop in 'surgeries' in each of our target neighbourhoods, so that young people can meet with us and directly access the support of our team.</p> <p>We deliver a thriving weekly Friday football drop-in project for boys and girls aged 11-17 years; an inclusive project with an emphasis on healthy lifestyles. We run targeted monthly workshops around keeping safe, mental health and wellbeing. We operate an established youth club in Micheldever Village, which helps provide targeted support to young people and seeks to alleviate the effects of rural isolation. We also deliver an annual residential trip for young people from low income families across our projects.</p>	St Bartholomew	Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.
Winchester Youth Counselling	£7,000.00	£7,000.00	<p>We provide free counselling and therapeutic support to young people aged 11-25 who live in the district of Winchester. We also provide free support and information to parents, carers and professionals around young people's mental health issues. All our counsellors are fully trained and experienced in working with young people's mental health issues.</p> <p>We are members of the BACP (British Association of Counselling and Psychotherapy) as well as members of Youth Access.</p>	St Bartholomew	Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.

<p>The Carroll Centre</p>	<p>£4,395</p>	<p>£4,395</p>	<p>To support children, young people and families in the local community, without distinction of race, gender, sexual orientation, economic circumstances, political or religious beliefs. To work together with the community, local authority and voluntary services in a common effort to provide facilities and services that advance life opportunities, promote positive lifestyles and respond to local needs. We currently run core services, grant funded support activities and provide mentoring and work skills training for vulnerable people (physical, mentally and economically) from across the district. The centres three established core services are: Early Years Nursery (Ofsted Registered), After School Care (Ofsted Registered), Youth Engagement Services. These services have been developed in response to local community needs, to generate core income and to train and employ local parents /young people and volunteers. In 2018 we introduced a 4th core service a Community Café/Soft play Facility that provides a community social hub and an additional training facility for catering, hospitality and leisure work. We also run open access activities, projects and training that support vulnerable children, young people and parents.</p>	<p>St Luke</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
<p>Winchester Live at Home</p>	<p>£8,000</p>	<p>£8,000</p>	<p>Winchester Live at Home (WLAH) offers support and friendship to older people living in their own homes; helping to maintain independent living, improve well-being and reduce isolation.</p> <p>Through our able team of staff and volunteers we are able to offer opportunities for companionship, support and advice to older people in the Winchester District. We have services which can be offered at home and regular group activities in places where our members can be among friends. These include our schedule of nineteen clubs and activities, our range of one-to-one services and the opportunity to join our regular outings and annual holiday. Above all being part of Live at Home means the people we support know that there is always someone to turn to for help, support or simply a chat.</p>	<p>Alresford and Itchen Valley, Bishops Waltham, Colden Common and Twyford, St Barnabas, St Luke, St Michael</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>

<p>Winchester & District Young Carers</p>	<p>£4,500</p>	<p>£4,500</p>	<p>We support children and young people aged 8-17yrs who care for a family member with a long term illness or disability.</p> <p>We believe Young Carers are children first and should be free to develop emotionally and physically and to take full advantage of opportunities for educational achievement and life success.</p> <p>We aim to improve the lives of children and young people with caring responsibilities by providing safe, quality support to individuals and offering an inclusive, wide ranging and holistic approach that consider the needs of the whole family. Inappropriate levels of caring impact on a child's emotional and physical health as well as their educational achievement and life chances. For example</p> <ul style="list-style-type: none"> • Problems at school, with completing homework and getting qualifications <ul style="list-style-type: none"> • Lack of aspirations and career opportunities • Isolation from other children of the same age and from other family members, feeling that no one else understands his or her experience • Lack of time for play, sport or leisure activities • Conflict between the needs of the person they are caring for and their own needs leading to feelings of guilt and resentment • Lack of recognition, praise or respect for their contribution • Emotional impacts, such as worry, depression, self-harm There are also positives for young carers who are well supported: <ul style="list-style-type: none"> • Increased Independence and maturity for their age • Advanced life skills such as a caring attitude or being a good listener <ul style="list-style-type: none"> • Increased knowledge of disability and illness 	<p>St Bartholomew</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
<p>Home-Start Hampshire</p>	<p>£8,000</p>	<p>£8,000.00</p>	<p>We offer support, mentoring and practical help to families facing challenging and complex needs, often finding family life overwhelming. Underpinning our work is the aim to build family resilience, independence and empowerment. Our home-visiting service provides free and confidential support to families in their own home, delivered by safely recruited, trained and supervised volunteers who are carefully 'matched' with the families they help. The one-to-one home-visiting support is often complemented by attending a range of Home-Start specialist workshops or groups that volunteers support parents to access, once they feel confident, as part of their move towards accessing community services, both statutory and voluntary, and independence.</p>	<p>Southwick and Wickham</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>

<p>Home-Start Winchester & Districts</p>	<p>£6,920</p>	<p>£6,920</p>	<p>Home-Start Winchester and Districts provides practical and emotional support to struggling families within Winchester and District. The families we support are isolated and hard-to-reach, facing multiple challenges including: medicated for mental health issues (60%), parent or child suffering from a serious illness 33%, dependent entirely on benefits 40%, or with a child with a Child in Need or Child Protection Plan in place, referred by the Early Help Hub, or stepping down from the Supported Families programme 12%. Our service is preventative, focusing on early intervention. Families are referred by Health professionals, education professionals or by self-referral. The service is delivered by volunteers, all of whom are experienced parents, having had 40 hours formal training, plus in-service training, and being supervised by paid Co-ordinators. Volunteers work with families in their homes for two-to-three hours a week, providing non-judgemental support, building on parents' strengths, enabling them to engage with their communities and other support agencies, thereby stabilising the family, helping them become more active and improving their children's life-chances. We also provide: weekly Family Groups, including a WCC Hostel Group, where parents can discuss their issues and share solutions to the problems they face, building their own supplementary support network; a 'school readiness' programme for children who need additional help to cope with their school Reception year; Outings, Fun Days, Christmas party and sponsored holidays for the families most in need. Support is provided for as long as is required. We support around 75 families a year, with around 300 direct beneficiaries.</p>	<p>St Paul Ward</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
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<p>Winnall Rock School</p>	<p>£2,900</p>	<p>£2,900</p>	<p>Winnall Rock School is a community based project supporting people in Winchester. Our core aim is to help disadvantaged young people through music making and song writing in a creative, fun and safe environment. Through our programme young people develop their music making abilities but also improve their social skills, the ability to work in teams, build their self esteem, a sense of achievement and develop their sense of wellbeing. They regularly perform and support festivals and events in Winchester.</p> <p>WRS started out as a service that principally supported access to music tuition for children who were in low income households and / or struggled to express their musical creativity within the traditional music curriculum at school. However, the type of children we have since recruited have often come from a widening interpretation of disadvantage that recognises the need for extra support for Special Educational Needs, Young Carers and health issues recognised in Education and Health Care Plans.</p> <p>Many of our members have had serious traumatic experiences such as domestic violence, family break-ups, adoption, alcoholism, suicide, self-harm and abuse as well as the more routine stresses from simply growing up. We are helping them with their mental health, to change behaviours and their lives.</p> <p>WRS also undertakes commissioned outreach work with disadvantaged young people through organisations like Young Carers, Leigh House (NHS) and NAOMI House. We have broadened our aims to support adults in Winchester who want to make music with others and are piloting some work with dementia sufferers.</p>	<p>St Michael</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
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<p>Winchester Radio</p>	<p>£3,000</p>	<p>£3,000</p>	<p>Radio is recognised as being an excellent medium to reach older people. Within Winchester, however, the over-50s are under-served by radio stations, especially now Radio Solent has started targeting a younger audience.</p> <p>For almost 35 years, Winchester Radio has provided the hospital radio service at the Royal Hampshire County Hospital. Hospital radio is all about reducing the boredom, anxiety and stress caused by a stay in hospital, through a combination of music therapy and befriending, reducing levels of pain and speeding recovery. Our volunteers visit patients on the wards, have a chat, collect requests, dedications, stories and memories, and then broadcast these, along with a carefully-selected mix of other music and additional programmes, to entertain patients, provide a welcome distraction from pain, and reduce any feelings of loneliness.</p> <p>Following a strategic review by our trustees in 2013 and a successful application to Ofcom in late 2015, our health & wellbeing community radio service, aimed at the older generation, launches on 24th March on 94.7FM across the city and the immediately surrounding villages (and online). Our aim is to help and encourage people to live a healthy, active, engaged life for longer, with the aim of keeping them out of hospital and/or needing social care, rather than solely entertaining people when they are in hospital. We will ensure they are aware of the immense range of groups, clubs and activities they can get involved with, as well as the support and assistance available to them as and when needed.</p>	<p>St Paul Ward</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
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<p>Footprints Project</p>	<p>£2,417</p>	<p>£2,417</p>	<p>Footprints helps build safer and stronger communities by providing volunteer led mentoring and practical support for offenders returning to Hampshire, Dorset and Somerset and to those in the community at risk of reoffending. Our aim is to reduce social isolation, increase self-esteem and self-worth through re-engaging the person in their community in a positive fashion and increasing skills and employment opportunities through our Life Works project, leading to reduced reoffending and safer communities for all.</p> <p>Our approach relies on the impact that a suitably trained volunteer from the local community can have giving up their time to support someone. For those in prison support will start during their sentence and we aim not to duplicate provision already in place. We work next to Catch 22 in the prison and will fit around the new 10 day contracted support for offenders, providing on-going and longer support to ensure people do not reoffend at the end of their first 10 days in the community. The help we provide covers all areas of criminogenic need: accommodation, education training and employment, finance money and debt, mental and physical health, substance misuse, relationships. Whilst recognise that many agencies help people with these needs we offer an additional ground level support, accompanying people to appointments and engaging them in small local projects such as church coffee mornings and new hobbies or sports. This is important as developing a new self-identity and feeling of belonging to a community has been shown be vital in desistance.</p>	<p>St Paul Ward</p>	<p>Isolation, Low Income, Mental Health, Physical Inactivity. Digital Application, Services and Products, Creative and Innovative.</p>
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