Last Updated: 19/12/2018

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Winchester District SPAA Action Plan April 2018 - March 2019



Goal:	1.1 - To assist local clubs to access s	sport			
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actua	
To work with new and exisiting district clubs to help them reach new audiences	Number of district clubs signed up to the 'Get Active Hampshire' online activity finder	Mar-19	Energise Me/ WCC	n/a / 35 / TBC	
Goal:	1.2 - To develop a diverse coaching a	and volunteering	workforce		
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
To provide opportunities for people to volunteer and increase the number of adults volunteering in sport to 22% (2018/ 19)		Mar-19	SPAA	19.8% / 22% / 21.7	
Goal:	1.3 - To organise club engagement ev	vents			
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
To deliver a club open evening through the SPAA to promote specific strands of engagement	Number of Clubs	Mar-19	SPAA	22 / 25 / 23	

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Goal: 1.4 - To offer training that helps to build a more diverse workforce					
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
	Number of new activators UoW Peter Symonds College Sparsholt College River Park Leisure Centre			0 / 3 / 17 14 / 15 / TBC 0 / 3 / TBC 0 / 3 / TBC	
o work with WCC, Energise Me and partners to develop a diverse coaching workforce and increase grass roots level 1 & 2 coaches	Number of new L1 coaches UoW Peter Symonds College Sparsholt College River Park Leisure Centre Number of new L2 coaches	Mar-19	WCC/ SC/ PS/ PFPL/ UoW/ Eenergise Me	106 / 100 / 30 1 / 3 / TBC 15 / 17 / TBC 0 / 3 / TBC	
	UoW Peter Symonds College Sparsholt College River Park Leisure Centre			20 / 22 / 5 1 / 3 / TBC 27 / 30 / TBC 0 / 3 / TBC	
To provide CPD opportunities for coaches within the district	Total number of CPD courses Safeguarding First Aid Behaviour Change Funding Awareness Course	Mar-19	WCC/ Energise Me/ UoW/ PFPL	22 / 25 / TBC n/a / 12 / TBC n/a / 12 / TBC 23/ 25 / TBC	

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	Total number of young people and adults taking part in accreditated courses and awards (16-18 years - L3 HSLA) & (18+NGB and general activator qualifications) Or Total number of young people coaching/ instructing UoW Peter Symonds College Sparsholt College	Mar-19	WCC/ UoW/ PSC/ SC	126 / 130 / 65 55 / 60 / TBC 27 / 30 / TBC
	Theme 2: Comm	unity Participat	tion	
Goal:	2.1 - To support NGB's to effectively im	plement their priorition	es within the district	
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To work in partnership with the following NGBs;	Badminton England		WCC/ RPLC/	
Badminton England England Golf	To continue to deliver a successful 'No Strings' badminton programme	Mar-19	Badminton England	
Hampshire FA	Total Throughput			336 / 340 / 982
British Gymnastics Swim England England Athletics	England Golf		WCC/ England Golf/ Golf Foundation/	
Hampshire Cricket British Cycling	Golf' programme within primary schools Total Throughput	Mar-19	Winchester Golf Academy	2,176 / 2,200 / TBC
	Number of Schools			16 / 16 / 13 (to date)

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Hampshire FA			
To continue to deliver a number of football/ futsal initiatives	Mar-19	WCC/ Hampshire FA/ PFPL	
Total Throughput			151 / 160 / TBC
England Squash To continue to deliver a successful	Mar-19	WCC/ England Squash/	
squash programme		PFPL	
Total Throughput			94 / 100 / TBC
British Gymnastics To continue to deliver a successful gymnastics programme	Mar-19	WCC/ British Gymnastics/ PFPL	
Total Throughput			231 / 250 / 1,921
Run Together To continue to deliver a successful running/ couch 2 5k programme Total Throughput	Mar-19	WCC/ Run Together	409 / 450 / TBC
England Athletics			400 / 400 / 120
To continue to deliver a successful Athletics programme within primary schools	Mar-19	WCC/ England Athletics	774 / 800 / TBC
Total Throughput			
England Cricket Board To deliver a successful cricket programme	Mar-19	WCC/ England Cricket Board	
Total Throughput			1,392/ 1,400 / 2,226

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	England Netball To deliver a successful netball programme within primary schools Total Throughput	Mar-19	WCC/ England Netball	n/a / 150 / 31 (to date)
	British Cycling To deliver a successful cycling/ breeze programme Total Throughput	Mar-19	WCC/ Energise Me/ British Cycling	n/a / 150 / TBC
Goal:	2.2 - To create doorstep activities t		-	· ·
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
Reduce the numbers of adults & children taking part in 0 x 30 minutes	, , , , , , , , , , , , , , , , , , , ,	Mar-19	WCC/ parkrun	14,335 / 14,500 / 11,234 10,118 / 10,500 / 7,111 3,799 / 4,500 / 2,192 N/A / TBC / 379
each week	Satellite Clubs To deliver Satellite Clubs within the Winchester District Number of Clubs Total Throughput	Mar-19	WCC/ PFPL/ PSC/ SC/ UoW/ Energise Me	Mitcheldever Youth Club & Henry Beaufort Football (Street Reach) 3 / 3 / 2 (to date) 88 / 90 / 133

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	Number of adults participating in sporting or physical activities per week			
	Inactive People (less than 30 mins) 19% Fairly Active (30-149 minutes) 14.5% Active (150 minutes) 66.5%	Mar-19	WCC/ PFPL/ PSC/ UoW/ Energise Me/ Sport England	N/A / 19% / 19.80% N/A / 14.5% / 11% N/A / 66.5% / 69.2%
	(Active Lives Data)			Update in April 2019
	Walking Football			
	To continue to deliver a successful walking football session	Mar-19	WCC/ PFPL/ Hampshire FA	
	Total Throughput		·	549 / 575 / 389
Reduce the numbers of adults &	Walking Netball			
children taking part in 0 x 30 minutes each week	To continue to deliver a successful walking netball session			
		Mar-19	WCC/ PFPL/ England Netball	
	Total Throughput			300 / 500 / 413
	Youth Clubs			
	To deliver physical activity sessions across the deprived areas in Winchester targeting disadvantaged young people	Mar-19	WCC/ Youth Clubs	
	Total Throughput Number of Clubs			466 / 480 / 133 4 / 5 / 2 (to date)

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	Saver Card Membership				
To cor	ntinue to promote the Saver Card				
Mem	bership to the target audiences	Mar-19			
	Number of Participants		WCC/ PFPL	633 / 75	i0 / 598
	SwimTAG				
То со	ntinue to manage the SwimTAG programme	Mar-19	WCC/ PFPL		
	Number of Participants			8,500 / 10,0	000 / 5,977
To con	Love Tennis tinue to manage the Love Tennis programme	Mar-19	WCC/ PFPL		
	Number of Members			141/ 15	0 / 128
W	alking & Cycling to School				
	ntinue to monitor pupils that walk chool across the local primary schools within the district				
	Number of Participants				
				Walking	Cycling
	All Saints Primary School			159/ 170 / 160	n/a / n/a / 1
	Harestock Primary School	Mar-19	HCC/ WCC	239/ 250 / 217	n/a / n/a / 1
Oli	iver's Battery Primary School			113/ 120 / 120	n/a / n/a / 2
	St Bedes Primary School			422/ 450 / 416	n/a / n/a / 0
	St Faiths Primary School			123/ 150 / 124	n/a / n/a / 0
	St Peters Primary School			205/ 230 / 195	n/a / n/a / 0
	Stanmore Primary School			271/ 280 / 261	n/a / n/a / 0
	Weeke Primary School			256/ 270 / 254	n/a / n/a / 1
	Western Primary School			355/ 370 / 336	n/a / n/a / 0
	Winnall Primary School			161/ 175 / 143	n/a / n/a / 0
So	uth Wonston Primary School			n/a / 150 / 146	n/a / n/a / 0

Newtown Soberton Primary School	n/a / n/a / 1	n/a / n/a / 0
Owslebury Primary School	n/a / n/a / 23	n/a / n/a / 0
Sun Hill Infant School	n/a / n/a / 94	n/a / n/a / 2
Bishops Waltham Infant School	n/a / n/a / 147	n/a / n/a / 0
Denmead Infant School	n/a / n/a / 154	n/a / n/a / 2
Colden Common Primary School	n/a / n/a / 283	n/a / n/a / ′
Mitcheldever Primary School	n/a / n/a / 34	n/a / n/a / (
Cornerstone Primary School	n/a / n/a / 37	n/a / n/a /
Cheriton Primary School	n/a / n/a / 39	n/a / n/a / (
Berewood Primary School	n/a / n/a / 22	n/a / n/a / (
Curdridge Primary School	n/a / n/a / 17	n/a / n/a / 2
Droxford Primary School	n/a / n/a / 18	n/a / n/a /
Hambledon Primary School	n/a / n/a / 46	n/a / n/a /
Itchen Abbas Primary School	n/a / n/a / 14	n/a / n/a /
Kings Worthy Primary School	n/a / n/a / 232	n/a / n/a / 1
Durley Primary School	n/a / n/a / 36	n/a / n/a / '
Meonstoke Primary School	n/a / n/a / 13	n/a / n/a / 3
Otterbourne Primary School	n/a / n/a / 64	n/a / n/a /
St Johns the Baptist Primary School	n/a / n/a / 110	n/a / n/a /
Sparsholt Primary School	n/a / n/a / 43	n/a / n/a /
Twyford St Marys Primary School	n/a / n/a / 108	n/a / n/a /
West Meon Primary School	n/a / n/a / 9	n/a / n/a /
Wickham Primary School	n/a / n/a / 80	n/a / n/a /
Compton All Saints Primary School	n/a / n/a / 29	n/a / n/a /
John Keble Primary School	n/a / n/a / 46	n/a / n/a / 2
Swanmore Primary School	n/a / n/a / 215	n/a / n/a / 2
Upham Primary School	n/a / n/a / 10	n/a / n/a / (
Bishops Waltham Junior School	n/a / n/a / 95	n/a / n/a / 3
Denmead Junior School	n/a / n/a / 134	n/a / n/a / (

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	Healthy Schools Project			
	To continue to deliver healthy active school projects within local primary schools in the district			
	Number of Schools	Mar-19	WCC/ FirstBite/ Schools	2 / 2 / 3 (to date)
	Total Throughput			25 / 30 / 116
Goal:	Theme 3: Childre 3.1 - To work with NGBs to develop		-	s and clubs within the district
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To develop effective links between education institutions/ community clubs providing a range of sporting opportunities	Number of exisiting Satellite Clubs sustained within an education setting Number of Clubs	HCC/WCC	Energise Me	3 / 3 / TBC Multi-Skills (Osborne) Active Academy Tennis Back to Netball
Goal:	3.2 - To support the School Games	Organisers to provi	ide opportunities for	competitive sport in schools
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To support the School Games Network - inspiring young people from the Winchester District to participate in competitive school sport	Ensure Winchester schools are represented at all levels of the school games	Sep 2018 - 2019	SGO/ WCC/ YST/ Energise Me	Schools n/a / 15 / TBC Teams n/a / 30 / TBC

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To support the delivery of the Youth Sport Trust initiative 30:30 (30 minutes of exercise within curiculum and 30 minutes at home with thier families a day) To ensure schools are working towards a sport mark accreditation	Ensure Winchester schools are signed up to the initiative Bronze Silver Gold Platinum	Sep 2018 - 2019	SGO/ WCC/ YST/ Energise Me	n/a / 15 / TBC 4 / 5 / TBC 4 / 5 / TBC 3 / 4 / TBC 0 / 1 / TBC
Goal:	3.3 - Increase physical activity leve	els of inactive pupils	across primary scho	ols, colleges and universities
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To encourage UoW students to regularly engage in physical activity	Get Active Scheme Number of Participants	April 2018 - July 2019		1,750 / 2,000 / 1,104
To ensure primary school pupil have the opportunities to take part in regulare physical activity	The Golden Mile Number of Schools Number of Pupils Number of Classes Total miles Walked	April 2018 - July 2019	WCC/ Energise Me	18 / 25 / To be reviewed 2,027 / 2,500 / To be reviewed 96 / 120 / To be reviewed 35,820 / 40,000 / To be reviewed
	Extra Curriculum Activities To develop links with local primary and secondary schools Number of Schools Total Throughput	April 2018 - July 2019	WCC	9 / 12 / 17 (to date) 3,859 / 4,250 / 2,184 (to date)

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	Theme	4: Events			
Goal:	4.1 - To deliver an annual celebration	on of a sporting eve	nt		
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
Older Adult Wellness Event	Total Throughput	1st October 2018	WCC/ RPLC	n/a / 30 / 41	
	Number of Spectators	Jun-18	WCC	8,500 / 10,000 / 13,000	
Winchester Criterium & Cyclefest	Criterium entries			300 / 300 / 310	
	Family Cycle Ride			322 / 330 / 349	
Goal:	4.2 - To deliver an annual celebration for local clubs to showcase their achievements				
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
Develop and deliver the Winchester District Sports Awards	Number of Nominations Number of Attendees Sponsors	Feb-19	SPAA Partners	110 / 110 / TBC 200 / 200 / TBC 8 / 10 / TBC	
	Theme 5	5: Facilities			
Goal:	5.1 - To support the development o	f a new sport and le	eisure centre for the V	Vinchester District	
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual	
To build a new leisure facility in Winchester	Complete all necessary business plans/ urban design framework/ technical studies	2021	WCC/ UoW	N/A	

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Goal:	5.2 - To deliver the priorities identified in the Winchester District Sports Facility Needs Assessment			
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To deliver the action plan for the SFNA	Actions completed	Mar-19	WCC/ Facilities	N/A
	Theme 6: I	nclusive Activity	/	
Goal:	6.1 - To continue to deliver and d	evelop new program	mes to increase the nu	umber of disabled people tak
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
Deliver a one off multi-sport event (Paralympic Personal Bests 2018)	Number of Participants	Aug-18	WCC/ PFPL	105 / 110 / 155
To work alongside WADSAD to deliver an adult multi-sports club	Total Throughput	Mar-19	WCC/ PFPL	229 / 250 / 178
To work alongside HCC's Adult Services to provide an additional adult multi-sports club	Total Throughput	Mar-19	WCC/ PFPL/ HCC	139 / 170 / 116
To continue to deliver the Disability Tennis sessions at RPLC	Total Throughput	Mar-19	WCC/ PFPL	497 / 550 / 327
Γο design a disability sports survey to understand the levels of physical activity within the Winchester District	Number of Equilities	Mar-19	SPAA	n/a / 50 / 47 n/a / 10 / 6 n/a / 10 / 8

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To support the delivery of the Hampshire Special Schools Cricket Competition	Number of Participants	Mar-19	WCC/ HCB	8 / 10 / TBC
Goal:	6.2 - To offer a competitive disabili	ty sport structure vi	a the Hampshire Scho	ool Games
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To monitor and support the Hampshire School Games	Number of participants	Jun-18	SGO/ Energise Me	0 / TBC / TBC
	Theme 7: Ta	ckling Inactivity	,	
Goal:	7.1 - To reduce inactivity and increase the numbers of fairly active and active adults			
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
	Assisted Circuits To deliver 1 class a week to encourage participants to take part in regular physical activity who find it hard to exercise independantly Total Throughput	Mar-19	WCC/ RPLC	252 / 300 / 174
To increase the amount of adults	Otago			
participating in at least 30 minutes of exercise each week	To deliver 2 classes at RPLC helping to reducing falls within the district Total Throughput	Mar-19	WCC/ PFPL	1,489 / 1,500 / 1,043
	Nuero Fit			1,409 / 1, 300 / 1, 043
	To deliver 2 classes that encourgae participants with nuerological issues to take part in physical activity Total Throughput	Mar-19	WCC/ PFPL	534 / 550 / 322

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	COPD To deliver 1 class at RPLC helping those			
	with Chronic Obstructive Pulmonary			
	Disease take part in physical activity	Mar-19	WCC/ PFPL	
	Total Throughput			76 / 150 / 112
	Cancer Rehabilitation			
		Mar-19	WCC/ PFPL	9 / 10 / 4
	Establish a clear route for referrals			
	Health Walks			
	To continue to offer and develop the Health Walk Scheme			
		Mar-19	WCC	
	Number of Walks			9 / 10 / 9
	Total Throughput			6,244 / 5,900 / 4,099
	Exercise Referrals			
	To continue to offer and develop the exercise referral scheme supporting those with long term health conditions	Mar-19	WCC/ PFPL	
	Number of Referrals			263 / 265 / 161
	Deprived areas			20% / 40% / 20.5%
	Workplace Challenge			
	Individual Sign-ups			48 / 50 / TBC
	Workplaces	Mar-19	WCC/ Energise Me	8 / 10 / TBC
	Companies			9 / 10 / TBC

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	Theme	e 8: Talent		
Goal:	Goal: 8.1 - To support the Hampshire Talented Athlete Scheme (HTAS) at WCC Leisure Facilities			
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
Support the Hampshire Talented Athlete Scheme and encourage sign- ups from the Winchester athletes	Number of HTAS athletes Peter Symonds College Energise Me UoW Sparsholt College River Park & Meadowside Leisure Centre	Mar-19	Energise Me/ WCC/ UoW/ PSC/ SC/ RPLC	1 / 2 / TBC 27 / 25 / TBC 14 / 15 / 14 0 / 5 / TBC 26 / 30 / 37
Goal:	8.2 - To involve talented athletes in	community initiati	ves to inspire people to	o participate in sport
Action	Measurement	Timescale	Lead Partner	Baseline/ Target/ Actual
To ensure HTAS athletes are signed up to a number of community initiatives throughout the year	Number of HTAS athletes	Mar-19	Energise Me/ WCC/ UoW/ PSC/ SC/ RPLC	n/a / 7 / 2