Extra Care Sheltered Housing for Older People

Helping you live independently at home for longer
Help when you need it

Extra Care Sheltered Housing is designed for people who need care, and who may be struggling to stay at home. Extra Care allows people and couples to live independently with care, and avoid the need to move into a Residential home just because they are struggling to live where they are.

Above all, Extra Care Sheltered Housing is a community, and it is important that it is not only those with high levels of care need that are able to access it. This is why all Extra-Care schemes maintain a balance of high, medium and low need residents to ensure people can take advantage of the services that are offered whilst maintaining the feeling of community and activity within the schemes.

People looking at move into an Extra-Care scheme will need at least some degree of care need, and be known to both Hampshire County Council’s Adult Services and Winchester City Councils Housing departments. There are two routes into Extra Care sheltered housing.

Am I eligible to move into Extra Care Housing?

The accommodation is available to anyone who:

• is 55 years or older
• lives in the Winchester City Council district or has family in the area
• is currently living in housing which is no longer suitable
• needs help with personal care
• has had a needs assessment carried out by Hampshire County Council
If you have already been assigned a social worker, please contact them to discuss whether Extra Care may be right for you. If you have not yet spoken to Adult Services and feel you may need support to live at home, please contact Hants Direct who will be able to direct you.

Alternatively, please contact Winchester City Council Housing to discuss your needs and request consideration for an Extra Care apartment.

**How much does Extra Care Housing cost?**

The amount you pay will vary depending on your income. You may have to pay for some or all of the costs below, or you may be entitled to benefits.

**Extra Care Housing costs include:**

- weekly rent
- service charges such as electricity and water, maintenance and communal facilities
- your personal care and support costs which are assessed by Hampshire Adult Social Care

Don’t forget to take into account the costs involved with moving such as removals and any financial commitments with your old home. If you downsize and have furniture to dispose of you can pay for storage or donate it to local charities (your social worker can provide more details).
Own your own home?

If you are considering moving into Extra Care from a home that you own, there are other financial implications to consider.

• You will be classed as ‘Full Cost’ which means you will need to pay for your care and support in full from the day you move in.
• If you can’t afford this, the shortfall between your income and the full cost will accrue as a debt which you will need to pay once your property is sold or rented out.
• While you sell your property you may be eligible to claim benefits such as Housing Benefit and Council Tax Support for up to 26 weeks.
• You won’t have to pay Council Tax for 28 days on your old home from the date the property is empty of all possessions.

It’s a big decision with financial implications, so it’s a good idea to talk to the Council’s Benefits Team on 01962 840222. They can offer confidential and impartial advice about your individual situation.
Extra Care Housing isn’t just about providing you with additional care and support to live independently, it’s about enjoying being part of a community.

This is your chance to live amongst like-minded people in a housing scheme that is clean, safe, well run and friendly.

Your self-contained flat includes its own front door, kitchen and a wet room with toilet and wash hand basin.

In addition, Extra Care Housing schemes include a communal lounge and a communal dining room where you can meet other tenants, enjoy social events, organised activities with your neighbours and buy a hot lunch.

Plus, attractive communal gardens at every site enable residents to sit outside and enjoy the outdoors whenever they like.

**Live in the heart of Winchester**

We have three extra care sheltered housing schemes, which are all located in central Winchester with excellent shopping, leisure, health and other facilities and amenities close by.

Each scheme is home to residents with varying levels of needs of care and support ranging from low to high.

**Danemark Court**

- 35 one and two bedroom flats over three floors, all serviced by a lift.
- Flats have kitchens, wet rooms and gas central heating which you can control yourself with a room thermostat.
- Guest room facilities for friends and relatives to use.
Matilda Place

• Designed to meet the needs of older people with a cognitive impairment such as dementia.
• 20 flats (six for single occupancy only), over three floors all serviced by a lift.

Chesil Lodge (opening Autumn 2017)

• A new development of 52 self-contained one and two bedroom homes in Chesil Street
• As well as Extra Care accommodation, this development also includes apartments for affordable rent, shared ownership and outright sale.
• The attractive community is set across three linked buildings with lifts to all floors.
• Communal facilities including a restaurant, lounge, activity rooms, laundry, outdoor space and a day center supported by Hampshire County Council.

A friendly and caring team of staff

Our Housing Officer manages the three schemes Monday to Friday during office hours and can provide assistance with any housing issues or concerns.
Care and support services are provided at Danemark Court and Matilda Place, by local, family run care agency Alexander’s Care and Support Agency (ACASA). Their team of experienced, skilled and sensitive staff help you to maintain your independence, ensure you are given choice, and are always treated with dignity and respect. Alarm response and waking night cover mean help is on hand 24/7.

Everyone’s needs are different so we develop a personal support package for each resident. This is tailored to meet your individual needs and can include care, support, domestic duties, befriending services and activities; whatever it takes for you to live happily, safely and independently at home.

Together with ACASA we work to ensure all our residents can live fulfilling lives and enjoy being part of a thriving and active community.

How to apply for Extra Care Housing

If you feel you need support to live at home and would benefit from a move into Extra Care Housing please talk to your social worker, contact Hants Direct or chat to Winchester City Council Housing to discuss your needs.

All applications are assessed by a panel from Hampshire County Council, Winchester City Council and care provider, and then placed on a waiting list until there is a suitable vacancy in an Extra Care scheme.

When there is a vacancy in an Extra-Care scheme, that same panel will nominate someone from the waiting list of applications, based on their housing and social care need, with the aim of maintaining the balance of high, medium and low need residents.

If you have any questions about the nominations process, or wish to discuss your place on the waiting list, you can contact Hampshire County Council using the information in this leaflet.
If you have any particular needs which affect how you are able to use or be involved in our services or how you would like to receive information for example translation, interpreters, Braille, audio tape, large print, sign language - please contact the Customer Service Centre either by telephone 01962 840 222 or by email customerservice@winchester.gov.uk

Telephone calls may be recorded